

Week ONE	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Tea</b>	Fresh Fruit, Vegetable sticks and Cheese Cubes	Raisin toast  Served with milk	Cheesy Toast with fresh fruit	Yoghurt and Stewed Peaches	French toast and Fresh Fruit  Served with Milk
<b>Lunch</b>	Assorted Sandwiches	Cottage Pie	Moroccan Chicken with Couscous	Spaghetti Bolognese with Grated Carrot and Zucchini	Cauliflower and Broccoli Mac and Cheese
<b>Dental Hygiene</b>	Rinse mouth with water	Rinse mouth with water	Rinse mouth with water	Rinse mouth with water	Rinse mouth with water
<b>Afternoon Tea</b>	Muesli Slice with fresh fruit	Fruit, Vegetable sticks, Cheese cubes and Wholemeal Crackers	Assorted Rice Cakes	Weetbix Slice and Fresh Fruit	Pumpkin Scones and Fresh Fruit
<b>Late Snack</b>	A selection of Fresh Fruit, Vegetable Sticks, Wholemeal Crackers, Dried Fruit and Dips				