

Week ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Raisin toast Served with Milk	Baked Beans on Toast	Weetbix with Milk and Fresh Fruit	Yoghurt and Fresh Fruit	Fresh Fruit and Vegetable Platter Served with Milk
Lunch	Cottage Pie	Macaroni Cheese	Crunchy Cornflake Chicken with Vegetable Mash	Meatballs with Pasta Spirals	Vegetable Risotto
Dental Hygiene	Rinse mouth with water	Rinse mouth with water	Rinse mouth with water	Rinse mouth with water	Rinse mouth with water
Afternoon Tea	Cheese and Zucchini Puffs with Fresh Fruit	Fruit, Vegetable sticks, Cheese cubes and Wholemeal Crackers	Pizza Bread	Sweet Potato Brownies with Fresh Fruit	Assorted Rice Cakes
Late Snack	A selection of Fresh Fruit, Vegetable Sticks, Wholemeal Crackers, Dried Fruit and Dips				